

# Have you 'paused and checked'?

## A clinical imaging examination IR(ME)R Operator checklist

<b>P</b>	<b>Patient</b>	<p>Check the examination is justified</p> <p>Check examination history for recent studies and duplication</p> <p><b>Confirm patient ID, always use unique identifiers</b></p> <p>Confirm pregnancy status</p> <p>Confirm the patient expected the examination.</p> <p>Confirm the patient has been given information on the benefits and risks of the examination.</p> <p>Confirm the patient has not had a similar examination recently</p>
<b>A</b>	<b>Anatomy</b>	<p>Select the correct anatomical area</p> <p>Select the correct laterality</p> <p>Place the correct anatomical marker within the primary beam</p>
<b>U</b>	<b>User checks</b>	<p>Confirm the examination is being completed at the right date and time</p> <p>Confirm the exposure has been authorised</p> <p>Confirm the correct modality</p> <p>Check radiation safety measures for staff and/or comforters &amp; carers</p> <p>Communicate appropriate instructions to patient, carer and team</p>
<b>S</b>	<b>Systems &amp; Settings</b>	<p>Select correct patient (unique ID) and exam date/time</p> <p>Select correct imaging protocol / technique</p> <p>Select optimal exposure factors (ALARP) (and adjust if required)</p> <p>Select correct detector/bucky, AEC &amp; grid as appropriate</p>
<b>E</b>	<b>Exposure</b>	<p>Confirm there is no clinical reason this exposure should not proceed</p> <p><b>Expose</b></p> <p>Record dose and reference DRL</p> <p>Evaluate images, confirm necessity for repeat or additional views</p>
<b>D</b>	<b>Draw to a close</b>	<p>Add image comments or flags as appropriate</p> <p>Complete RIS record</p> <p>Confirm PACS images are stored accurately</p> <p>Tell patient how to get results and where to go next</p>

*Adapted by kind permission of the Royal Free London NHS Foundation Trust*

IR(ME)R requires all duty holders to comply with their local Employers procedures.  
This "pause and check" poster does **not replace** these procedures but represents a shortened summary of the main **checks**.

**You must adhere to your local procedures at all times.**