

**Clinical Management Plan for Radiotherapy related Toxicity: For Breast/Sarcoma
Radiotherapy**

Name of Patient/ID: <i>Attach patient sticker if available</i>		Sensitivities/allergies:	
Independent Prescriber(s): Contact details:		Supplementary Prescriber(s) Alison Snook, Sarah Griffiths, Pauline Humphrey, Jancis Kinsman Hazel Boyce Helen Cullimore Contact details:	
Condition(s) to be treated Diagnosis: Radiotherapy course/schedule: Radical/Adjuvant/Palliative: Concurrent Chemo:		Aim of treatment: Control of radiotherapy related toxicity	
Medicines that may be prescribed by SP:			
Preparation	Indication	Dose schedule	Specific indications for change in management/referral back to the IP
1% Hydrocortisone cream	Itching skin in radiotherapy treated areas not controlled by moisturisers	1% topical hydrocortisone cream, BD to affected area	Do not use if infection might be present. Microbiology swab skin and alert medical team. Discontinue if skin breaks.
Chlorphenamine oral 4mg QDS	Itching skin in Rt treated areas not controlled by 1% topical hydrocortisone cream	As detailed in Section 3.4.1 BNF	Do not use if drowsiness may be a problem i.e. if driving or operating machinery
Paracetamol	Pain as per WHO Pain Ladder Step 1a	As detailed in Section 4.7.1 BNF	Pain uncontrolled
Ibuprofen	Pain as per WHO Pain Ladder step 1b	As detailed in Section 10.1.1 BNF	Pain uncontrolled. Beware ibuprofen in patients with a history of peptic ulceration, asthma or concomitant high dose cortico-steroid therapy

BRISTOL HEAMATOLOGY AND ONCOLOGY CENTRE

Co-codamol 30/500	Pain as per WHO Pain Ladder step 2	As detailed in Section 4.7.1 BNF	If pain uncontrolled with step II then refer to medical team or specialist palliative care team nurses	
Guidelines or protocols supporting Clinical Management Plan: WHO Pain Ladder NHS Quality Improvement Scotland 2004 Skincare of Patients receiving Radiotherapy – Best Practice Statement UH Bristol Foundation Trust Medicines Code: Non-medical prescribing policy				
Frequency of review and monitoring by:				
Supplementary prescriber Weekly or sooner if patient reports problems	Supplementary prescriber and independent prescriber At request of Supplementary Prescriber or Patient's request			
Process for reporting ADRs: Yellow Card system in BNF UH Bristol Foundation Trust Clinical Incident Form as per Medicine Management Policy Documentation in medical notes and radiotherapy treatment sheet Inform IP				
Shared record to be used by IP and SP: Radiotherapy Treatment Sheet and Oncology notes Patient Held Records (when available)				
Agreed by independent prescriber(s)	Date	Agreed by supplementary prescriber(s)	Date	Date agreed with patient/carer