





# The development of an authentic hybrid learning environment for 1st year undergraduate Radiography students to benefit their mental health and well-being

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### Why the need for a hybrid placement design

### What is a Hybrid placement?

Shared placement between clinical placements and academic days.

### Why the need?

- COVID-19 pandemic /room capacity
- Increase students identifying as neurodiverse
- Increase demands on mental health support for students whilst undertaking placements
- Supportive environments
- Lockdown impact on social skills





## The design

 30 hours clinical placement /7.5 hours at Keele

- Core themes to meet placement ILO's covered each week
- Time for reflection and peer support on their "placement week"
- Debriefs
- Time to address learning gaps addressed by clinical partners

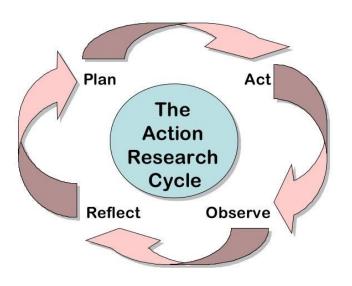


## Key findings- Action Research

### Questionnaire and focus groups

Study across 3 cohorts

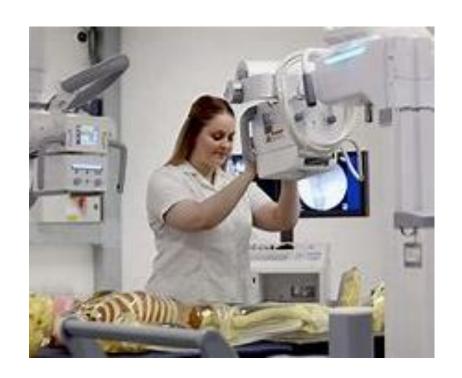
- Quieter and less stressful environments
- Safe space to make mistakes
- Regular academic support
- Reduced isolation



Collaborators with students

### Benefits for Students

- Importance of **peer support** "Helped with integration between other students and peer support when dealing with difficult situations that had occurred over the week on clinical"
- Reduced isolation "Hybrid clinical placements reduced isolation"
- Reflective practice Enforces resilience as it adds opportunities to reflect and debrief with someone who is separate from the scenario – 'time to cool down'" "Aids in becoming a natural 'reflective practitioner"
- Sense of community



### Benefits for HEI's

- Reduced attrition due to mental health issues (8% previously, 0% and 2% the years this design ran)
- Reduced failures for clinical placement (5% previously, 0% the years this design ran)
- Tripartite support
- Closer working with clinical bases
- Placement tariff

### Benefits for PE's

- Tripartite support
- Closer working with HEI's
- Training issues rectified in the university days
- Increase capacity
- Less bottle necking of students in areas such as U/S

### Barriers

#### Students-

"Lack of clinical time"

"Hard to develop close relationships with staff in departments due to minimal time there"

"Success is dependent on engagement"

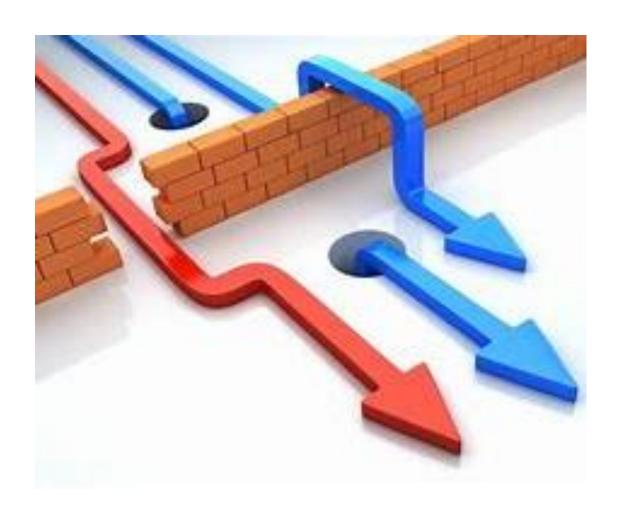
#### PE's -

Less time to complete clinical competencies



Staff intensive

Simulation facilities



### Lessons learnt and next steps

- If there is travel/accommodation required for their clinical placement make the academic day the start or end of the week
- More time for facilitated peer reflection
- Easily mapped to the Safe Learning environment Charter (NHSe)

This model only involved hybrid placements in 1st year -

- Students highlighted they wanted to "implement it (hybrid model) across 3 cohorts"
- Reduce amount of time in shared placement over the years (weekly in 1<sup>st</sup> year, two times per block in 2<sup>nd</sup> year, once or twice a year in 3<sup>rd</sup> year)"



#### Safe Learning Environment Charter





#### Time and space for learning

Learners are given time to reflect on and process learning experiences. They receive regular verbal and written feedback which provides opportunities for development and assessment to occur

#### Together, education and placement providers should:

- Allocate protected time for placement documentation.
- Maximise learning with innovative teaching opportunities.
- Provide learners with IT access to complete digital placement documentation.

#### Practice supervisors / assessors should:

- Adapt teaching and levels of support to individualise learning.
- Give constructive feedback to assist learning & develop proficiency.
- Provide feedback to support the assessment and determine the learner's achievement and progression.





### Placement providers should:

- Provide dedicated areas for learners to practice their skills.
- Ensure learners have access to clinical placement educational facilities including library services.
- Ensure learners have access to digital systems required for episodes of care.



- Be proactive in seeking out learning opportunities.
- Participate in shared learning.
- Ask for feedback and value its importance for the development of clinical proficiencies.

www.learninghub.nhs.uk/catalogue/safe-learning-environment-charter

NHS England » Safe learning environment charter: time and space for learning



# Thank you

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