

Prostate Special Interest Group annual report for 2024

- At the end of 2024 there were 185 members of the Synapse group which was created in 2015.
- There was an average of 29 member visits per month to the Synapse webpage over the last 12 months.
- In the last 12 months there were over 30 different discussion topics posted focussing on a variety of subjects:
 - Bladder and bowel preparation
 - Clinics
 - Rectal spacers
 - Planning scan levels
 - Pre-hab
 - SABR

On the 2.2.24 we held the annual prostate SIG study day in Nottingham hosted by Nottingham University Hospitals NHS Trust followed by a networking dinner. There were 41 face to face attendees with 69 attending virtually and 19 attending for the networking dinner.

The talks were varied and covered the following topics:

- Psychosexual support
- Radiographer led peer review
- Late effects
- Implementing new prostate services
- Bladder and Bowel prep
- Complimentary therapies for hot flushes
- Round table discussion on what Consultant practice means to them
- SGRT for prostate radiotherapy

The prostate SIG is an informal community to share information and offer peer support to any HCP interested in prostate cancer patients' treatment and their care. We cover technical aspects of radiotherapy delivery, IGRT, research to information and support with no topics off limits.

We have been running for approximately 10 years now and grown exponentially from only a handful of members to nearly 200. We meet annually for an annual study day and encourage networking and collaboration through our active community of members. Anyone regardless of experience is welcome to join. Please email g.chetiyawardana@nhs.net or Hannah.Nightingale@christie.nhs.uk to join.